



The Captain's Log

Newsletter of the Stockton Portsmen
September 2019 - Issue #18



September 2019 President's Message: by President Harry Williams

Hi Youal. Well Labor Day is here and summer is gone, gone, gone. It's still hot tho, will be cold soon enough!!!

Gabe`s coaching night was informative, and the evening was a blast to be a part of. Our August events were well received, even though we had small chapter participation at The Fox Theater and Victory park. We had a very good turnout at O`Conner Woods and The Stockton Ports Anthem. Our annual picnic was postponed to Sept 15th due to very hot weather.

Looking at our September planned activities not much is on the docket. We are cutting back for September and October as we concentrate our efforts getting ready for the Oct District competition and our November Fall Show.

We do have our very first Remote practice at Rio Los Palmas on Sept 10th followed by our rescheduled annual picnic.

The first reading of our annual election ballot is scheduled to be presented to the chapter body on the 17th followed by the 2nd reading on the 24th. Our Election night is Oct 1st.

Looks like another great month in Barbershop Music

Till next month`s Captains Log
Pres. Harry

September 2019 - Issue #18
September 3, 2019

Musical Director's Message: by Bill Litz

It's only a hobby - an activity done regularly in one's leisure time for pleasure. Is that what your barbershop experience is? Or is it something more - maybe even a *lifestyle*?

We can all see how music can make our lives better:

1. **Listening To Music Reduces Stress** - Music has more powerful effects on reducing anxiety than anti-anxiety drugs.
2. **Listening To Music Improves Endurance** - Music can increase endurance while working by creating a better focus.
3. **Listening To Music Makes You Healthier** - Music releases dopamine, often dubbed "the pleasure chemical," so indulging in your favorite music can substitute the pleasure achieved through eating your comfort foods with none of the negative health repercussions.
4. **Singing With A Group Of People Makes You Happier** – That release of dopamine and endorphins will cheer you up and bonding with others will bring you joy.
5. **Learning To Play An Instrument As A Kid Makes You More Successful Later** – We're all kids at heart so don't think it's too late.
6. **Participating In Creation Of Music Makes You Smarter** – Mastering an instrument (or your singing) can increase your IQ by seven points. Knowing how to make music, and the pleasure of doing that develops a confidence that helps in other endeavors.
7. **It Improves Your Memory** - Music helps your brain develop in multiple areas, one of the most significant being your memory. Especially as we connect notes rhythms with words and emotions.

Music has always been a part of my life. I started playing trumpet in elementary school (when they used to teach that). I sang and played in every active church group and learned how to play bass guitar to sing in a Christian band with some good friends. I learned to play guitar and enjoyed playing and singing with my family, seeing them develop their own love and appreciation of music.

I even had a few moments that I didn't realize had links to barbershop, that art form that would eventually play such a big part in my life:

- At *Lodi High School*, I sang "I Wanna Be Like You" with three other guys dressed in gorilla costumes.
- At *San Joaquin Delta College*, I was introduced to my first *real* barbershop song – "Bill Grogan's Goat" and felt the first element of comradery that singing in a quartet builds.
- At San Francisco State, I got to experience a more musical version of barbershop singing contemporary, artistic barbershop arrangements while being inspired by **Val Hicks**, a barbershop icon.

It was two decades after singing my last time with my college quartet, ***Gaslight Junction***, before I would get reacquainted with barbershop music.

Jim Henry
Gold Medal Moment
Barbershop...
your calling –
your ministry
[Part 1](#)
[Part 2](#)
[Part 3](#)
[Part 4](#)
[Part 5](#)
Harmony University
Keynote Address
Presented July 29, 2007

September 2019 - Issue #18
September 3, 2019

It was then that I met two men from the *Portsmen*, **Lamar Parrish** and **Bob McDonald** that got Jordan (my son) and me into the Barbershop Harmony Society (then the SPEBSQSA).

That was a long story to get to what I wanted to talk about this month – the lifestyle that barbershop has become for me.

I took 40 minutes recently to rewatch the [2007 Harmony University Keynote Address](#) given by **Jim Henry**, one of the most influential men in BHS who was inducted into the *BHS Hall of Fame* in Salt Lake City a couple months ago. Take the time to watch it. I'm sure you will be inspired, too.

I was reminded how my life has changed since becoming a Portsmen and then transforming again as the director. I hope that we can all find the balance that music can bring to our lives, appreciating making music, inspiring others through our performances and being good friends to each other.

I did realize a long time ago that **it's about the journey – not the destination**. But what I'm finding now is that **we do need to have a destination** in mind. We need hundreds of little destinations to strive to reach. We need to **celebrate** when we reach them. And we need to **reassess** the importance of the ones that we don't reach.

As a chorus we often think of **destinations** that are farther away, like **performing well at contests** and **entertaining our audiences at shows**. To actually enjoy reaching those goals – to be proud in those moments – we need to have **places of interest** in our journey. Those should be destinations in themselves – miniature journeys that can bring us joy and make us stronger - more able to reach our ultimate destination.

There are no shortcuts to success and to our destination. Enjoy the journeys:

- Learn your music – learn each and every note of each and every song
- Practice daily – learn to love your voice
- Improve your performance – both visually and musically
- Be present – be at every practice and performance that you can
- Invite others – we will be stronger with more talent
- Support each other – your smile and compliment is what other members need

Thank you all for making my journey joyful.



Sunday, September 15, 2019

12:30 PM – 5:00 PM

John Eilers' Home
21355 E Walnut Drive

Linden, CA

RSVP: portsmencontact@gmail.com

(209) 881-SING (7464)



- Family & Friends Welcome!!!
- Random quartet contest
- Burgers, polish dogs & drinks provided
- Bring potluck side dish or dessert
- Bring swimsuit & towel for pool
- \$ for "Youth-in-Harmony" encouraged



Directions to John's House

- Take Highway 26 [Fremont St] from Highway 99 heading East
- Go THROUGH beautiful downtown Linden (about 3 more miles)
- When you get to Fine Road turn left
- Go about a half mile on Fine to Walnut Drive - turn left
- When Walnut turns left (about a quarter of a mile)
- go straight into John's driveway



STOCKTON PORTSMEN CHORUS PRESENT:

*Doo Wop at the
Barbershop!*

Featuring..

CAPITOL RING
2018 FWD Quartet Champions

November 9, 2019 at 2pm
First Baptist Church Community Center
33 W. Alpine Ave. Stockton, CA 95204
Tickets: \$15 General Admission
\$10 Students/Seniors

WWW.STOCKTONPORTSMEN.ORG

Tune Struck Quartet

Tune Struck sang the National Anthem at the Stockton Ports game on August 14th with the help of Austin & Nancy with special guest Abigail (Bill's granddaughter) who enjoyed seeing Splash.



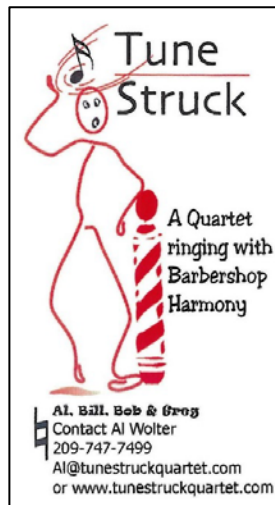
Al & Donna are enjoying their cruise and shared pictures of a few special moments. As you can see Al's always seeking out quartets and doesn't Donna look great in a hat!



While on their vacation Greg & Geral are enjoying their grandkids. Love this pic of Geral! We've been warned!



Al Wolter
Tenor – Tune Struck Quartet
209.747.7499
www.TuneStruckQuartet.com
[Click here to follow us on Facebook](#)



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Royal Flush Barbershop Quartet

By Nancy Hennefer, Baritone



Royal Flush continues to work towards blending voices and ringing chords! A fun, but unusual, time was had singing for the Lodi Historic Society Ice Cream on Pine fund raiser. The following week, we sang to a receptive group celebrating an 80th birthday party. We also had the chance stand in for Meta Four to sing the Anthem at the Ports game. We continue to work our song set, looking forward to the Portsmen Annual Show and the rapidly coming holidays! And we have our own shirts!!!!!! So I guess we're official!



mixed meta4



Celebrations

September Birthdays

Chuck Roots	9/5
Michael Buoniconti	9/11
Al Farnum	9/20



Harmony Lunch Bunch

Sam's Hof Brau

2500 Watt Ave, Sacramento, CA 95821
11:30 AM (3rd Thursday of each month)
Kent Borrowdale kborro@comcast.net

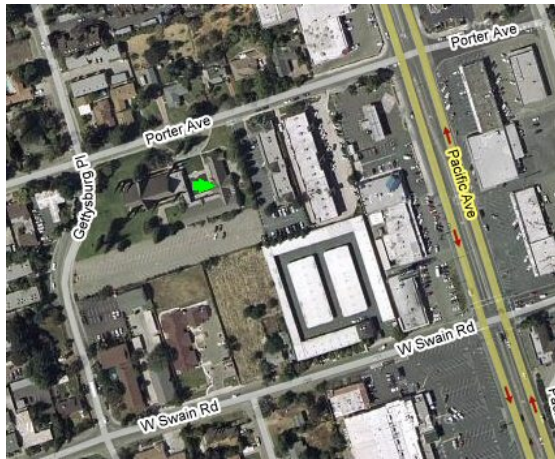
Weekly Chapter Meetings:

Location: Zion Lutheran Church –
808 W. Porter Avenue – Stockton – CA
Tuesdays: 7:00 PM – 9:30 PM

[Click here to go to Stockton Portsmen Website](#)
[Click here for Facebook Page](#)

See calendar for up-to-date information:
[Click here to access the Stockton Portsmen Calendar](#)

Map:



Directions:

From Pacific Avenue go west on Porter Way turn south on Gettysburg Pl then turn east into the Zion Lutheran Church parking lot.

From Pershing Avenue go east on W. Swain Rd turn north on Gettysburg Pl then turn east into Zion Lutheran Church parking lot.

We meet in Grace Hall on the northeast side of the complex.

Mission Statement:

Provide the greater Stockton area with quality Barbershop chorus and quartet music and wholesome family entertainment, while encouraging every individual of good character who loves to sing the opportunity to find their place with us.



**STOCKTON PORTSMEN
BARBERSHOP MIXED
CHORUS & QUARTETS**

*****Hire Us*****

Book us for your next events

- Community Concerts
- Fairs
- Festivals
- Grand Openings
- Holiday Tree Lightings
- Memorial Services
- National Anthem
- Singing Valentines
- Summer Concerts

Performance times usually range from 20 to 40 minutes but can be adjusted up or down to fit your specific program. Contact us by email or phone below for a proposal:

- **Info@StocktonPortsmen.org**
- **Ph. (209) 881-SING (7464)**

****Save the Dates****

2019 Events

- Sept 10 Rio Los Palmas (Remote Rehearsal)**
(Chorus Performance)
877 E. March Ln, Stkn, CA
5:45 PM – 7:15 PM
- Sept 15 Stockton Portsmen Annual Picnic/BBQ**
John Eilers House
Linden, CA
- Sept 28 Voices of California presents...**
England 2020 Fundraiser Dinner Show
Sacramento, CA
(Time: 4:00 PM)
[Click here for more info](#)
- Oct 5 San Mateo County Chapter presents...**
Fall Cabaret Show
[Click here for more info](#)
(Two shows – 2:00 PM & 7:00 PM)
- Oct 10 FWD Fall Convention (2019)**
(October 10 – 13, 2019)
(Modesto, CA)
Early bird price valid until 9/12/19
[Click here for more info](#)
- Oct 18 FWD Youth Harmony Camp**
Pollock Pines, CA
(October 18 – 20, 2019)
[Click here for more info](#)
- Nov 9 The Stockton Chapter presents...**
Doo Wop at the Barbershop
First Baptist Church Community Center
Stockton, CA
(Time: 2:00 PM)
- Nov 22 Barbary Coast Chapter presents...**
Fog City Singers
San Francisco, CA – Friday, Aug 22
Pleasanton, CA – Saturday, Aug 23
- Nov 23 The Santa Rosa Chapter presents...**
"Singin' In the Holidays"
Santa Rosa, CA
(Two shows - 2:00 PM & 7:00 PM)
- Nov 24 The Marin Chapter presents...**
Marin Golden Gate Barbershop Chorus
San Rafael, CA

Barbershop Links

- Barbershop Harmony Society
<http://www.barbershop.org/>
- Far Western District
<https://www.farwesterndistrict.org/>
- VoCal Voices of California
<http://voicesofcalifornia.org/>