



The Captain's Log

Newsletter of the Stockton Portsmen
January 2019 - Issue #10



January 2019 President's Message: by President Harry Williams

Hi Youal, I sure hope you had as great a December as I did. What a month! We started out with our annual strolling sing at the Festival of Trees, great Christmas show at Zion, practice performance at O`Connor Woods, Christmas carols at the Fox Theater, Christmas carols and another Anthem (down on the ice) for Heat Hockey, and finished up our social activities with a terrific Christmas Party. We also had some of our Quartets who did Christmas carols at other locations.

Here we are in a whole new year 2019 as an Official Mixed Chapter. A new Era. We will welcome in a new board with ideas for our future, a planning meeting and another terrific Installation Dinner of the new Board.

After that it will be time to get back to work as we prepare for our 1st guest Night of 2019, Singing Valentines, The Ice Cream Social, and a Division Competition in March.

Till next month`s Captains Log
Pres. Harry

Musical Director's Message: by Bill Litz

Happy New Year!!!

Many of you might not know my profession is working in the tax industry. My job this year has required so much more attention in preparing for the tax season – and a mountain of stress to go along with it.

HealthyMagazine suggests that:

We bet you had no idea how many benefits there are to sing? For starters, it is proven to calm nerves, release endorphins (the pleasure hormone), release oxytocin (the hormone that's directly linked to anxiety and stress levels in your body), and it eases the symptoms of panic attacks. If you add some movement like dancing or even nodding your head to the beat, you are upping the feel-good quotient and giving your body the extra boost it needs to take the edge off and get you back into the right headspace. Go ahead. Give it a try. Let's release tension from all over your body now.

As barbershoppers, we have a wonderful environment to let go of our stresses for a few hours.

Not having chorus for the last couple weeks was exactly what I thought I needed for my job. But actually, not having chorus probably reduced my efficiency – it certainly reduced the joy in my life.

Sometimes there are things that make it impossible for us to be at chorus. After the last couple weeks, I know how important it is for us:

- Important to breathe
- Important to move
- Important to let go of the stresses, if only in that moment
- Important to feel and share emotions of the songs we sing
- Important to enjoy our personal friendships
- Important to take our rekindled joy back into our daily routine.

I'm looking forward to seeing you all often in 2019 as we develop new skills and experience new things together.

2019 Board of Directors:

President	Harry Williams
Secretary	Derick Sturke
Treasurer	Al Farnum
VP: Membership / Chapter Development	Ron Spohn
VP: Marketing & PR	Dave Harmon
VP: Music & Performance	Chuck Thurman
Associate Board Member	Sue Atkins
Associate Board Member	Roberta Keith
Associate Board Member	Joan Ray
Associate Board Member	Stephanie Thurman
Immediate Past President	Bill Litz

Chorus Leadership:

Director	Bill Litz
Assistant Director	Joan Ray
Tenor Section Leader	Stephanie Thurman
Lead Section Leader	Chuck Thurman
Baritone Section Leader	Nancy Hennefer
Bass Section Leader	Bob Yater

Committee Leaders:

Web Master	Bill Litz
Newsletter - Captain's Log	Sue Atkins
YIH Coordinator	Bill Litz & Joan Ray
Singing Valentine Chairman	Al Farnum
Sunshine Chairman	Dianna Goodwin
Harmony Foundation Chairman	Joan Ray
2019 Spring Show Committee	Harry Williams & Joan Ray
2019 Fall Show Committee	Chuck Thurman











Quartet News:

Tune Struck

The Holidays are always the busiest time of the year for Tune Struck Quartet. This year is no exception, though maybe slightly less busy compared to last year. As reported last month, we started the Season with a visit to the Arbor Rehabilitation Center in Lodi.

The first weekend of December was very full, with Tune Struck supporting the Portsmen at Micke Grove before taking over to visit several of the inside 'Points of Interest' on Saturday. Sunday started with the 64th/1st Annual Stockton Show, where we shared three of our special Holiday Songs (including Emily Litz's favorite song), then a couple of hours to share Holiday Sprit with their VIP Shoppers (Al had to include a Church Choir performance in between - just because).



Thanks to Nancy Hennefer for filling in for Greg on Emily's favorite song at O'Conner Woods the next Tuesday.



We started the next Sunday at the Woodbridge Christmas Fair and Toy Drive with a couple of songs to warm up before we headed to Tracy to sing for our friends at Astoria Senior Living Center for a couple of hours.



Al Wolter
Tenor - Tune Struck Quartet
209.747.7499
www.TuneStruckQuartet.com

[Click here to follow us on Facebook](#)



mixed meta4

by Joan Ray, Tenor

Mixed meta4 has had the fun of offering extra help 6:15 - 6:45 pm with Polecats and Valentines songs before regular rehearsals. And last week we worked on "It's a Good Day." All are welcome.

Our quartet decided to learn a fabulous Jim Clancy arrangement of "Danny Boy" for the Ice Cream Social. It's a challenge!! December 19th, was our first day with music and learning tapes. Joyous experience, but it's a lament, so tissues may be needed.



Joan Ray – Tenor

Al Farnum – Lead

Dave Harmon – Baritone

Nick Adams – Bass

Celebrations:

January Birthdays

Chuck Thurman	1/5
Glen Mortensen	1/6
Don Wilson	1/10
Stephanie Thurman	1/18
Joan Ray	1/22



Harmony Lunch Bunch:

11:30 AM (3rd Thursday of each month)

Sam's Hof Brau

2500 Watt Ave, Sacramento, CA 95821

Contact: Kent Borrowdale kborrow@comcast.net

Singing Valentine's Committee:

Happy New Year to all Portsmen from your Singing Valentine's Committee! We want you to begin thinking about the next great event for our chorus. It's Valentine's Day of course! We are planning on a festive and fun day for all, but we need your help and cooperation. As we go through the Holiday Season please be thinking about the following:

If you're not currently in a quartet, how about starting a new one to perform in this Valentine's Day event? We will need at least 4 quartets to perform. Begin practicing the three traditional songs that are performed so that you could be a substitute in one that is already organized in case of sickness etc. Be ready to sell "a gift of Song" to all of your friends and family to surprise and enjoy. The recipient will love it!

What can I do as an active member of the chorus to make this event more successful as a major fund raiser for our group?

We're looking forward to seeing you soon!

Al Farnum, Chair



Sung by Barbershop Harmony Quartets
All members of the
Stockton Portsmen Barbershop Chorus

Package includes two great love songs,
a lovely fresh rose and a valentine card
with your personal message.



For details call: (209) 881-7464
Or Email to valentine@stocktonportsmen.org

Ask about the EARLY BIRD DISCOUNT!

Singing Valentine's:

Valentine Greetings from... an admirer, to anyone you love. Why? Because it's a lovely Valentine's tradition, and if it's a singing Valentine delivered personally to your loved one by a quartet of harmonizing voices from Stockton's very own Portsmen Chorus, it will be a greeting of love never to be forgotten.

Over the years groups of four singers have driven throughout the county surprising both men and women with an appropriate love song, a beautiful rose and a personalized Valentine card, all delivered to their place of work, their residence, a convalescent bedside, a health club gym, or even a school classroom. Use your imagination.

The target of your affection, be it husband, wife, sweetheart, daughter, co-worker, or special group of employees, will never forget the thrill and emotional rush of affection they feel when it is expressed to them in song, in that moment, on Valentine's Day.

Have you been wondering what to give your Valentine this year? Call the Portsmen Chorus coordinator at 209-881-7464 and set the time. For \$50.00 four formally dressed singers will arrive at the destination of your choice, present your personalized greeting along with a fresh long-stemmed red rose, sing two beautiful love songs, and quickly depart after creating that unforgettable moment of warmth and love. It will become a story shared for weeks, and remembered for a lifetime.

You can also order by e-mail, leaving your contact information at valentine@stocktonportsmen.org. It all happens Thurs. Feb. 14, so get your order in early.

Proceeds support performing musical arts locally and include youth vocal training and encouragement.

Dave Harmon
Publicity Chairman
Stockton Portsmen
209-931-1539
Website: stocktonportsmen.org

**Member Reveal
from December Issue**

Renee



Bob McDonald



**Can you guess who this current
Stockton Portsmen is???**



**Honoring & celebrating the
past, can you guess the name of
this former Stockton Portsmen?**



Weekly Chapter Meetings:

Location: Zion Lutheran Church –
808 W. Porter Avenue – Stockton – CA
Tuesdays: 7:00 PM – 9:30 PM

See calendar for up-to-date information:
[Click here to access the Stockton Portsmen Calendar](#)

Map:



Directions:

From Pacific Avenue go west on Porter Way turn south on Gettysburg Pl then turn east into the Zion Lutheran Church parking lot.

From Pershing Avenue go east on W. Swain Rd turn north on Gettysburg Pl then turn east into Zion Lutheran Church parking lot.

We meet in Grace Hall on the northeast side of the complex.

Website:

<http://www.stocktonportsmen.org/>

Facebook:

<https://www.facebook.com/groups/194542747456>

Mixed Barbershop Harmony Association

Page:

<https://www.mixedbarbershop.org/ensemble/stockton-portsmen-barbershop-chorus/>

Mission Statement:

Provide the greater Stockton area with quality Barbershop chorus and quartet music and wholesome family entertainment, while encouraging every individual of good character who loves to sing the opportunity to find their place with us.

****Hire Us****

Book us for your next event:

- Community Concerts
- Fairs
- Festivals
- Grand Openings
- Holiday Tree Lightings
- Memorial Services
- National Anthem
- Singing Valentines
- Summer Concerts

Performance times usually range from 20 to 40 minutes but can be adjusted up or down to fit your specific program. Contact us by email or phone below for a proposal:

- Info@StocktonPortsmen.org
- Phone (209) 881-SING (7464)

****Save the Dates****

2019 Events

- Jan 22-27 BHS Midwinter Convention
Feb 14 Singing Valentines (2019)
Feb 23 NorCal Novice Quartet Contest
Hillside Covenant Church
Walnut Creek, CA
[Click here for more information](#)
- Mar 17 Stockton Portsmen Ice Cream Social
Mar 21 FWD Spring Prelims NE/NW Division (2019)
Mamie Starr Performing Arts Center
Ronald E McNair High School
Stockton, CA
(March 21 – 24, 2019)
- Apr 27 The Placerville Chapter presents
Gold Rush Chorus Spring Show
Cameron Park, CA
- May 18 The California Delta Chapter presents
VoCal Spring Show
Folsom, CA
- June 30 BHS International Convention
Salt Lake City, UT
(June 30 – July 7)
- Oct 10 FWD Fall Convention (2019)**
(October 10 – 13, 2019)
(Sacramento, CA)
- Oct 18 FWD Youth Harmony Camp
Pollock Pines, CA
- Nov 23 The Santa Rosa Chapter presents
"Singin' In the Holidays"
Santa Rosa, CA
(2:00 pm & 7:00 pm)

Barbershop Links

- Barbershop Harmony Society
<http://www.barbershop.org/>
- Far Western District
<https://www.farwesterndistrict.org/>
- Mixed Barbershop Harmony Association
<https://www.mixedbarbershop.org/>
- VoCal Voices of California
<http://voicesofcalifornia.org/>